

EVENTS OF INTEREST
IN SOCIAL CIRCLES

WOMAN AND THE HOME

DOMESTIC HELPS AND
AIDS TO HOUSEWIVES

CORNER FOR COOKS

Steamed Blueberry Pudding.
Mix and sift two cups of flour, four teaspoons of baking powder and one-half teaspoon of salt. Work in two tablespoons of butter, using tips of fingers, and add gradually one cup of milk; then add one cup of blueberries, dredged with one and one-half tablespoons of flour. Turn into a buttered mold, adjust buttered cover, and steam one and one-half hours. Serve with creamy sauce.

Cream Sauce.
One cup of cream, one-half cup sugar, one teaspoon flavoring, white of egg. Beat the cream until light, add sugar and flavoring, then add the beaten whites of the eggs.

Swedish Meat Balls.
One pound of finely ground lean beef put through a meat chopper twice, also a small onion (if you like onions), one tablespoon of flour, a little pepper and salt and cold water enough to mix easily with a spoon; and shape into balls; then wet your hands in cold water, putting butter in the frying pan, have pan hot before putting balls in, fry on both sides, and push to one side; make brown gravy by browning a small piece of butter and a teaspoon of flour, pour hot water over all, and cook five minutes.

Cream Jumbles.
Cream 1 cup of butter with 2 cups of sugar, add 2 well-beaten eggs and beat thoroughly. Dissolve 1 t. each of soda in 1 tablespoon of hot water, then stir it into the creamed mixture alternately with 2 cups of flour. Add enough more flour to make a soft dough place on a floured board roll out, cut into rings, sprinkle with granulated sugar and bake in a moderate hot oven.

Sauce Tartare.
One tablespoon finely chopped parsley, one tablespoon finely chopped capers, three large olives chopped fine, one small sherry or one teaspoon chopped pickle, one teaspoon onion juice. Mash the chopped parsley into a pulp; add the other ingredients; mix well and add to this enough mayonnaise to make stiff consistency. Serve with sea foods, sweetbreads or beefsteak.

Apple Cream.
Peel and core six large apples, stew with a little water two ounces of raisins and the grated rind of a lemon until quite soft. When cold add a glass of sherry and put in a pie dish. Beat the whites of three eggs very stiff and add a little sugar, spread it over the apples and bake in a slow oven.

JOHN RECK & SON
FLOWER PHONE
BARNUM 7900 and 7201.

Easy & Practical
Home Dress Making
Lessons

Prepared Specially for This Newspaper
By Pictorial Review

Gay in Color, Simple in Design



A charming frock selected from the advance Autumn designs developed in mauve colored voile trimmed with hemstitching. Collar and cuffs are of white silk gauze.

CUTTING GUIDE.
BACK B. FRONT A. SLEEVE G. NECKLINE H. COLLAR I. CUFFS J. PLEATS K. POCKET L. POCKET M. POCKET N. POCKET O. POCKET P. POCKET Q. POCKET R. POCKET S. POCKET T. POCKET U. POCKET V. POCKET W. POCKET X. POCKET Y. POCKET Z. POCKET AA. POCKET AB. POCKET AC. POCKET AD. POCKET AE. POCKET AF. POCKET AG. POCKET AH. POCKET AI. POCKET AJ. POCKET AK. POCKET AL. POCKET AM. POCKET AN. POCKET AO. POCKET AP. POCKET AQ. POCKET AR. POCKET AS. POCKET AT. POCKET AU. POCKET AV. POCKET AW. POCKET AX. POCKET AY. POCKET AZ. POCKET BA. POCKET BB. POCKET BC. POCKET BD. POCKET BE. POCKET BF. POCKET BG. POCKET BH. POCKET BI. POCKET BJ. POCKET BK. POCKET BL. POCKET BM. POCKET BN. POCKET BO. POCKET BP. POCKET BQ. POCKET BR. POCKET BS. POCKET BT. POCKET BU. POCKET BV. POCKET BW. POCKET BX. POCKET BY. POCKET BZ. POCKET CA. POCKET CB. POCKET CC. POCKET CD. POCKET CE. POCKET CF. POCKET CG. POCKET CH. POCKET CI. POCKET CJ. POCKET CK. POCKET CL. POCKET CM. POCKET CN. POCKET CO. POCKET CP. POCKET CQ. POCKET CR. POCKET CS. 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Pictorial Review Waist
Size, 34 to 42 inches bust, Price, 15
cents. Waist, Price, 15 cents.

These Home Dressmaking articles are prepared especially
for this newspaper from the very latest styles by The Pictorial
Review.

TODAY'S POEM

THE BALLAD OF THE SAINT.

The little Cherubs whispered,
What strange new soul is this
Who cometh with a robe besmirked
Unto the Place of Bliss?
Then spake the Eldest Angel,
"The robe he wears is fair—
The groping fingers of the poor
Have held and blessed him there."
The little Cherubs whispered,
"Who comes to be our guest
With dust about his garments' hem,
And stains upon his breast?"
Then spake the Eldest Angel,
"Most lovely is the stain—
The tears of those he comforted,
Who may not weep again."

The little Cherubs whispered,
"What strange new soul is he
Who cometh with a burden here
And bears it tenderly?"
Then spake the Eldest Angel,
"He bears his life's award—
The burden of men's broken hearts,
To place before the Lord."

"The dust upon his garments' hem—
My lips shall bow to it;
The stains upon the breast of him
Are gems thrice exquisite.
Oh, little foolish Cherubs,
What truth is this ye miss?
There comes no saint to Paradise
Who does not come like this."
—Theodore J. Garrison, in Every-
body's.

Remarkable Sale.

Nothing's great August sale has
attracted people from all over the
state. Whole outfits have been deliv-
ered in the large cities and surround-
ing country and hundreds of local peo-
ple have attended this unparalleled
sale. Nothing could better demon-
strate its true worth than the unpre-
cedented amount of business done. It
meant much to those who have al-
ready bought and it will mean just as
much to you who have waited if you
act at once, for the time is growing
short. You can save enough money
right now to furnish one or two
rooms absolutely free. Read particu-
lars on last page, or visit the big
store, entrance 149 Main street, corner
Elm street.—Adv.

Private William Mariner, an ex-
bugler who won the Victoria Cross,
was killed in action in the recent
British advance.

The Henry R. Mallory, a passenger
and freight steamer, built for the Mal-
lory Line, was launched at Newport
News, Va.

An endowment fund of \$15,000 for
the upkeep of the Grover Cleveland's
birthplace in Caldwell, N. J., will be
raised by the Cleveland Birthplace
Memorial Association.

Her Dance Frock
Resembles This One

Pink tulle arranged in butterfly
bows on the shoulders and sheathing a
skirt of silver net is combined here
with pink chiffon satin, which drapes
gracefully from the shoulders, falling
over a corsage and girdle of silver lace.
The effect is airy and youthful.

LITTLE BENNY'S
NOTEBOOK

(By Leo Payo)

THE PARK AVENUE NEWS
Sports. The Invincibles lost a close
and exciting game to the Park Won-
ders last Tuesday, by the score of 24
to 25 favor the Park Wonders, owing
to a error made by Puds Simkins in
failing to catch a high fly rite in his
hands. Captain Reddy Merfy de-
clares that if Puds don't stop chew-
ing caramels and keep his attention
on the game, he will chuck him to
heck off the team.

SHORT STORY
The Stinky Wagon
"Hay, lady, heers a sent you drop-
ped," said the honest child.
"Thank you," the lady replied
sweetly, and she took it and put it
back in her satchel.
The End.

Bewty Hint.—How to prevent the
sun from making freckles on you.
Stay in the shade.

Sleazety Notes.—Sid Hunts' big
brother Fred was observed by Mr.
Puds Simkins and Mr. Sam Craws
on Broad street with a red headed girl
with a parrot. Mr. Simkins and Mr.
Craws state that he pertended he
didn't know them wen they waved
and yelled, Ah there, at him.

THE INNOCENT MUST SUFFER
Poem by Skinny Martin
There was a bewtiffil angel-cake
And its icing looked so sweet on it,
And a derty little fly floo off the wall
And delibritly wiped his feet on it.

Advertiser in the Park Avenue News.
Largest circulation in the block. Rates
2 cents a advertisement or less.

Three deaths were recorded in Chi-
cago as a result of the heat.

GIRL COULD
NOT WORK

How She Was Relieved from
Pain by Lydia E. Pinkham's
Vegetable Compound.

Taunton, Mass.—"I had pains in both
sides and when my periods came I had
to stay at home from work and suf-
fer. I was very weak. I was told to
use Lydia E. Pinkham's Vegetable Com-
pound. I bought it and the next month
I was so well that I worked all the month
without staying at home a day. I am
in good health now and have told lots
of girls about it."—Miss CLAUDE MORAN,
22 Russell Street, Taunton, Mass.

Thousands of girls suffer in silence
every month rather than consult a phy-
sician. If girls who are troubled with
painful or irregular periods, backache,
headache, dragging-down sensations,
fainting spells or indigestion would take
Lydia E. Pinkham's Vegetable Com-
pound, a safe and pure remedy made
from roots and herbs, much suffering
might be avoided.

Write to Lydia E. Pinkham Medicine
Co., Lynn, Mass. (confidential) for free
advice which will prove helpful.

LAURA JEAN LIBBY'S DAILY TALKS ON

HEART TOPICS

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FRIENDS WE CANNOT TRUST

"With that malignant envy which
turns pale
And sickens when a friend prevails,
Which merit and success pursue with
date
And damns the worth it cannot imi-
tate."

About the sorriest experience a wo-
man can have is to gather around her
a coterie of women whom she calls
friends, knowing there is not one
among them who is or would be all
that that sacred term implies. One
always on her guard with a stranger,
but she whom she trusts can break
down the gates of reserve and in a
burst—confidence from her her
most carefully-guarded secrets. It is
always the so-called "friend" who
gives the outer world an intimation
that she could unfold a scandal ver-
she so inclined and in the end be-
tray the confidence which has been
vested in her.

It is a rare thing for a beautiful wo-
man, if she has also popularity and
wealth, to gather about her women
comrades who honestly admire her
fairness of face, her wit and pleasing
personality, rejoicing that she has
such advantages over them. If she
trusts any one of them with the
knowledge that she has a little pow-
er on her nose to take—she ships,
the men who admire her will be in-
formed, under the ban of strict se-
crecy, that her beautiful complexion
is not her own by any manner of
means—she paints and rouges out-
rageously and is a perfect fright with-
out her make-up.

If she unwittingly confesses to the
woman friend who seems to sympa-
thize sincerely with her because of
headache that she took a powder to
relieve it, ere she realizes it the story
is insidiously spread about that the
discovery has just been brought to
light that she is dope fiend who might
bear watching.

If she incautiously takes a glass of
wine because of over-fatigue in shop-
ping, intoxication is tacked on to the
list of vices she is charged with. If
all who claim to be friends were true,
there would be no heartaches among
maiden because of a trusted chum
having cut her out with her best young
man.

Friendship is one of heaven's choic-
est gifts from woman to woman. The
trouble is it is hard to discriminate
which is spurious, which is real.
Young women form new friendships
quickly. Older women do not. The
latter winter and summer a new ac-
quaintance are admitting her to the
intimate circle of friends whom she
holds near and dear.

Close friendships between women
can be a blessing or a curse. The
stronger will protect the weaker.
The one is made the puppet of the
other's designs, an influence which
yields weal or woe. A wonderful
panacea and yet a cruel thing may be
this thing called friendship—like-
ness in likeness or like a wolf in
sheep's clothing. A woman should not
believe absolutely that another wo-
man is her true friend until she has
proved her to be such. Those we can-
not trust we are better off without.

MISS LIBBY'S REPLIES
TO YOUR LETTERS

Miss Libby's answers to your
letters. Correct name and ad-
dress must be given to in-
sure attention. Initials printed.
Write short letters on one side
of paper only. Use ink. Per-
sonal letters cannot be answer-
ed. Address Miss Laura Jean
Libby, No. 946 President St.,
Brooklyn, N. Y.

RICH YOUNG MAN
AND POOR GIRL

M. K. writes: "I am a girl of 20. I
take pride in my advancement. Go
with a young man of 23. His parents
are rich. I am a working girl. They
plead with him not to go with me for
this reason only. He says their pride
is a mistake against all our happiness.
Says if he does not wed me he will
live and die a bachelor. Comes to see
me once a week. Declares we will
marry some day. I am a good girl.
Please print what I am to do."
He comes constantly to see you. Keep
up heart. You are no doubt a better
girl than he might find, a loving, mod-
est sweetheart. Parents will become
reconciled. All will be joyful as the
wedding bells ring.

FAITHLESS LOVER
MAY RETURN TO HER

C. B. writes: "I am a girl of 19. In
the country I met a man of 17. Third
time he visited he proposed that I
marry him next year. He fell in love
with my photo and the season's cards
over I consented. He lives five miles
from us. He wrote me to come over
to his place as he had not time to
leave. I went there, being his fiancée.
He did not come in. Stayed away till
I left. Won't answer my letters. Can
you find out for me what he means?
Am I to wait?"
If he is ever faithful or heartless.
Do not write soon or appear anx-
ious. Then he will come to his senses
and seek you.

TWO STRINGS TO
HER BOW WON'T DO

Reader writes: "I am past 20. Had
company of young man of 25 a year.
We like each other. He cares less for
me now. We fell out. He attends
dance parties. So do I. He is my

partner and taunts me with waltzing
with others. At ten, he and his sister,
another and I, have a little lunch. It's
not my fellow who takes me home.
Am teased for my picture. Have none.
I ask you, please, what am I to do?
Can I depend on him or will I meet a
gentlemanly stranger?"
Differences you constantly have
cause one to doubt if you are properly
mated. One beau at a time is said to
last longest. If he had another girl
he lunched with and came home with
you would not like it. It's a tit-for-
tat game.

UNHAPPY LITHUANIA

Lithuania, which has been crossed
and recrossed six times by Russian
and German armies since the war be-
gan, and which has recently come for
the seventh time within the area of
conflict. Lithuania includes the five
Russian districts of Courland, Kovno,
Vilna, Grodno and Suwalki, described
by the Russian map-makers as the
"Northwestern section." A small por-
tion of ancient Lithuania is also in-
cluded in Prussia. When the Germans
obtained possession of the country
and undertook its administration the
Russian division of five districts was
reduced to three. The inhabitants have
been financially ruined by the war. It
is said that nearly a third of all the
houses and buildings in Lithuania have
been destroyed during the successive
passages of the Russian and German
armies. When the Russians retreated
they destroyed everything of value that
they could, and the Germans requisi-
tioned what was left. A large propor-
tion of the inhabitants are destitute,
and with the coming of winter it is
feared that starvation will stalk
through the land. The Lithuanians
belong to the Slavonic race. Just when
they appeared in that part of Europe
they have since occupied is not de-
finitely known, but in the tenth cen-
tury they were heard of under the
name of the Litva. The Lithuanians
long maintained their independence
against the Russians and the Poles.
In the latter part of the fourteenth
century their grand duke, Jagello, be-
came King of Poland. In 1561 Lithu-
ania was incorporated with Poland,
and remained a part of that kingdom
until the division of Poland, when
Russia gained the lion's share of Lithu-
ania. Funds for the relief of the
stricken Lithuanians are now being
raised on this side of the Atlantic.
Many Lithuanians have settled in the
United States and Canada, and they
have made liberal contributions for
the succor of their suffering brethren
in the fatherland.

ARMENIA'S
STAR OF HOPE

Recent Russian victories begin to
give the color of assurance to the hope
that Christian Armenia has been freed
for all time from its vassalage to the
Turks. For centuries the Armenians
have been subjected to the cruel ex-
tortions of their Moslem masters.
Thousands of them have been mas-
sacred by the bloodthirsty Kurds, and
their women have been constantly sub-
jected to nameless indignities. That
they may be permitted, after the war,
to form an independent principality
under Russian guidance is the hope
which now blossoms in the Armenian
heart. If this is denied them, the
Armenians can at least look forward
joyously to annexation by Russia, since
that would be a vast improvement
over the domination of the Turks.
Armenia claims to be the second
cradle of the human race, and the
visitor may see the very spot where
Noah's ark is alleged to have landed
and where Noah established his resi-
dence. Since ancient times Armenia
has been ruled and exploited by its
powerful neighbors. It formed part
of the Assyrian, Median and Persian
empires and the kingdom of Syria be-
fore Rome's legions took possession of
the land. At a later period the Par-
thian, Greek and Persian monarchs
held sway, and it was overrun by the
Mongols in the twelfth and by the
hordes of Timur in the thirteenth
century. It was just four centuries
ago, in 1516, that the Turks first con-
quered Armenia, and in 1604 the Shah
of Persia finally abandoned Armenia
to the Moslems, although he trans-
ported 25,000 Armenian families into
his own state. Russia gained a foot-
hold in Armenia in 1878, and now the
whole country has been wrested from
the Turk by the soldiers of the Czar.
It is now estimated that at least a
million Armenians have been slaugh-
tered or driven into the deserts to die
of the Turks since the beginning of
the present war.

Frank Loring of St. Andrews, N. B.,
has been brought to St. Johns, N. B.,
to answer a charge of endeavoring to
persuade soldiers to desert from the
Canadian army.

Angelo Penzal of Montclair, N. J.,
was killed when a large motor truck
he was driving overturned into a ditch
on the Jericho turnpike, a mile west
of Mineola.

Harrison A. McKinnon, of St. John,
N. B., a judge of the Supreme Court
of New Brunswick, was designated as
Chief Justice of the King's Bench Di-
vision of the court.

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RELIGION DEMANDS LOYALTY
TO COUNTRY AND RULERS SAYS
CARDINAL GIBBONS IN SPEECHTHE HAY FEVER
MIGRATION

While St. Sneezer, the patron of hay
fever victims, has no special day on
the calendar, and his devotees cele-
brate on various days the arrival of
the annual paroxysm, perhaps the ma-
jority emit their first sneezes of the
season in the latter part of August. A
few aristocrats among the curious sect
of Sneezerers develop their cases in
June, and boast of having "rose fev-
er," although medical men assert that
the rose is seldom to blame. These
early birds have no standing among
the autumnal sneezers, however, and
their boasts of superiority are greeted
with sniffs and sneers.

Many curious statistics have been
collected with the hay fever victims.
who have an association of their own,
which holds annual conventions in the
locations which are immune from the
disease. It is estimated that there are
about 200,000 hay fever victims in the
United States. The average length of
the attack is given as forty-two days.
It is further estimated that each per-
son sneezes seventy-three times dur-
ing this period. This would give a
total of 613,200,000 sneezes sneezed by
the sneezers of the United States
alone. Canada has comparatively
few sneezers, as the climate of the
Dominion is unfavorable to the de-
velopment of a hay fever aristocracy.
Many sections of Canada, like New
Hampshire and northern New York,
claim complete immunity from the
disease, and each August witnesses
the migration of many of Uncle Sam's
sneezers to the haven of refuge offered
beneath the Union Jack. Hay fever
is very prevalent in Great Britain,
but the continent of Europe is com-
paratively free from its ravages.

The humble, plebeian plant known
as ragweed is now said to be the prin-
cipal source of hay fever. Among the
victims, however, the weed is known
by its imposing scientific name of am-
brosia, which has much more "class"
than ragweed. More than a hundred
different plants have been suspected
of being distributors of the pollen
which causes hay fever, but only
twenty-five grasses and eight plants
have been found to have a definite
action upon persons of hay fever ten-
dencies. Golden rod used to be con-
sidered an active hay fever agent, but
while it is known to aggravate the dis-
ease, it rarely if ever is the exciting
cause of an attack.

Another favorite dictum of the hay
fever aristocrats—that only the highly
cultured contract the disease—has also
been rudely shattered by statistics,
which show that the lower as well as
the highest forms of human life may
contract the sneezing habit. It is true
that city folk do suffer more than
country people. This is alleged to be
due to the fact that the rural resident
is exposed to the pollen from the field,
hood, while the inhabitant of a city
is not so hardened. Women are more
prone to hay fever than men, and
young and middle-aged persons are
most often attacked.

Hay fever victims will soon be able
to celebrate the centenary of their
disease, as it was first described by
Bostock, who called it "catarrhus se-
sivus," in 1819. Since then hundreds
of books and pamphlets about hay
fever have issued from the press, and
the perusal of this literature is one
of the favorite recreations of the vic-
tims during the hay fever season.
"As a rule," says Sir William Osler,
"the disease is aggravated by residence
in agricultural districts. The dry
mountain air is unquestionably the
best, there is no general rule as there
are cases which do well at the sea-
side." Sir William also points out that
there is a bogus hay fever, produced
in imaginative persons by suggestion,
but these fraudulent sneezers are sel-
dom exposed.

RICHEZ ON BRAVERY

That the most intelligent are the
bravest in battle is the view expressed
by Dr. Charles Richet, the distin-
guished French physician and savant,
who has had many opportunities to study
the subject since the outbreak of the
war. Dr. Richet's observations, car-
ried on in the trenches and hospitals,
led him to give the palm for bravery
to the cultured, refined man of
nervous temperament who, while he may
be afraid, is yet able to control his
fears by the exercise of his will. The
ignorant and the stolid may exhibit
all the qualities of bravery simply be-
cause they lack intelligence and imagi-
nation to foresee the dangers by which
they are confronted, but their cour-
age, Dr. Richet holds, does not per-
mit them to perform such deeds of
valor as are possible to their com-
rades of a finer fiber. Another brand
of courage, in war, Dr. Richet finds,
is due to an optimistic fatalism. The
men of this type cherish the opinion
that they are the special pets of fate,
and believe that their "luck" will carry
them safely through all dangers. Then
there are the pessimistic fatalists, who